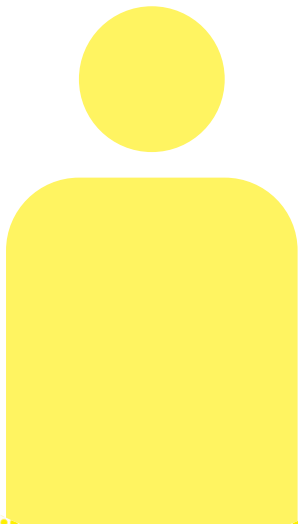


2016-17
A year in review

Contents

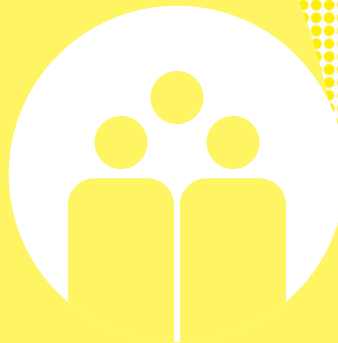
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With ReachOut:



YOUNG PEOPLE

'With ReachOut, I feel reassured and hopeful. I can understand my own experience. I have a range of actionable help options. I feel connected to others. I can help others. I feel accepted and confident.'



PARENTS

'With ReachOut, I understand what my child is going through. I feel relieved, like there's light at the end of the tunnel. I feel more connected to my child, and I have practical strategies for helping them.'



SCHOOLS

'With ReachOut, we can teach skills that protect students' wellbeing. We are empowered to help and advocate for them. We engage students with effective technologies.'

‘As a parent of a child who has mental health issues, I’m given the chance, through ReachOut, to talk with other parents. Hearing what’s worked for them, and realising that I’m not alone in what I’m feeling as a parent, is so reassuring. For me, it has meant the world. So many other parents say that too. We’re raising the next generations, and thank you so much for being a part of that.’

KIRSTEN, 47, SYDNEY

A MESSAGE FROM OUR CHAIR AND OUR CEO



JONO NICHOLAS, CEO

Countless young people across Australia are going through incredibly tough times. In fact, 70 per cent of those who need help for their mental health aren’t getting it.

ReachOut has the power to provide immediate relief. To be there when others can’t be. To simply provide a positive next step.

Tragically, not enough young people know about ReachOut. We have to bridge this gap.

Our vision is to help an extra million people by 2020. To do this, we’ll work with young people, parents and schools, and continuously develop our impact through an improved user experience.

Over the past 18 months, we co-designed the new ReachOut.com with the help of more than 170 young people. The service ‘gets’ their needs and offers solutions just for them. Young people have told us it’s the best ReachOut ever.

More than 1.59 million people visited ReachOut this year. But that number isn’t enough. It’s not even close.

We can give every young Australian the tools and the power to be happy. We can create a generation of resilient Australians. We can save lives.

As we look towards 2020, we are so pleased to have Ian Thorpe OAM on board as our newest patron to help make our vision a reality.

JULIE WHITE, CHAIR



To the generous community that surrounds our work, we say thank you for sharing our vision, and for supporting young people in Australia through ReachOut.

Together, we have the power to help an extra million people by 2020.

JULIE WHITE, CHAIR
JONO NICHOLAS, CEO

‘Without ReachOut, I would never have developed a support network, I would never have been able to support my friends, and I would never have spoken to a health-care professional about my mental health. I more or less owe my quality of life to ReachOut.’

ANONYMOUS SURVEY RESPONDENT, 18, SOUTH AUSTRALIA

The power to provide
immediate relief.

The power to reach every
corner of Australia.

The power to be there
when others can't be.

The power to prevent
mental illness. The power
to save lives. The power
to transform the mental
health system. The power
to create a generation of
resilient Australians.

The power to give millions
of young people the tools
to be well and happy.

TOGETHER, WE HAVE THE POWER

our year at a glance

FOR YOUNG PEOPLE

Launched the new ReachOut.com:
instant, personalised help, anywhere

Published 433 new and revised
pieces of content

Created 30+ new videos

Supported 1.32 million people
with our youth service

Gave a platform for 50,000+
forum posts, with 276 trained
volunteers assisting

Conducted research with 416 young
people and 17 service providers across
regional and remote Australia

Evaluated ReachOut's impact
in a longitudinal study with 1927
young people

FOR PARENTS

Supported 167,000 people with our Parents service

Launched our coaching service to provide in-depth assistance to parents

Our Parents service now has 49 videos and 149 articles

Grew our Parents' Forum community from 200 to 850 members

Engaged 61 parents in user experience and content interviews

'The forums help me feel connected to others without actually needing to be physically connected. Becoming a moderator with ReachOut gives me an additional sense of purpose. It gives me a sense of community and place and that my input matters. It gives me a sense of doing something rewarding.'

LAURA, 23, BERWICK, VICTORIA

FOR SCHOOLS

Launched the new ReachOut Schools

Engaged 102,000 professionals with our Schools service

1268 schools now call themselves ReachOut Schools

3934 students used ReachOut Orb

'The youth-specific services here are limited. The ReachOut Forums give young people in rural and regional areas a place to go when they wouldn't have that otherwise.'

KATE, 25, DUBBO, NEW SOUTH WALES

TRANSFORMING MENTAL HEALTH EVERYWHERE

Our greatest challenge over the next three years? That's easy: expanding our reach. ReachOut can help any number of young people, no matter where they are, but first they have to know we are there. We're working to integrate digital self-help into the mental health system and to raise awareness of ReachOut so that no young person goes without help.

'ReachOut has really reiterated that there are so many people going through the same thing that I am experiencing, and that issues that may seem massive in my life are widespread among people my age. It's reassuring to know that so many others understand these feelings, and that there is support available.'

ANONYMOUS SURVEY RESPONDENT, 18,
GRIFFITH NEW SOUTH WALES

In 2016–17:

We supported
1.59 million young
people and parents

This year, we supported more young people and parents than ever before. As we work to expand our reach, we're also deepening engagement, boosting effectiveness, and empowering young people with skills to protect their wellbeing. Our core service, ReachOut.com, is doing an incredible job, but we know that our next step is to reach beyond the website in order to give better support to more young people and their families.

**1.32M PEOPLE SUPPORTED
THROUGH REACHOUT.COM.**

**167,000 PEOPLE
REACHED THROUGH
REACHOUT PARENTS.**

**YOUNG PEOPLE
SPENT 782,000 MINUTES
ON THE FORUMS.**

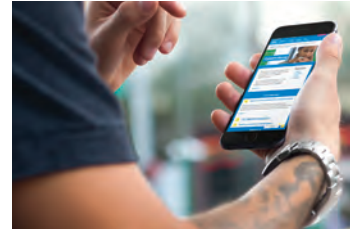


We empowered young
people in regional and
remote Australia

There's a major mental health problem in regional Australia: the need for better access to mental health care. Mental health issues are more common outside of cities, and one in three young Australians lives in a rural, regional or remote area – so, naturally, we care a lot. Thanks to support from Future Generation Global, we've just completed a major investigation into how ReachOut can better serve these young people's needs.

**SUICIDE RATES AMONG
YOUNG MEN LIVING OUTSIDE
OF MAJOR CITIES ARE
DOUBLE THOSE OF THEIR
CITY MATES.**

**OVER 400 YOUNG PEOPLE
FROM REGIONAL, RURAL
AND REMOTE COMMUNITIES
WERE INVOLVED IN OUR
RESEARCH.**



We delivered innovative
campaigns that drive
engagement with help
information

Our study stress and bullying campaigns reached more than 2 million young people, parents and school professionals this year, with some engagement trials doubling the length of time young people spent on ReachOut. Reaching our audiences isn't about getting eyes on our brand: we're committed to making an impact with advertising and partnerships that drive deep engagement with ReachOut content, whether it's on ReachOut.com or other spaces where young people spend time online.

**MIGHTY CAR MODS' STUDY
STRESS VIDEO WAS VIEWED
MORE THAN 100K TIMES.**

**BULLYING CAMPAIGN
REACHED 2 MILLION YOUNG
PEOPLE AND PARENTS.**

But that's not all:

**WE HELD MORE THAN
20 FACE-TO-FACE MEETINGS
WITH MEMBERS OF
PARLIAMENT AND SENATORS,
AND PUBLISHED THREE MAJOR
POLICY SUBMISSIONS TO
INFORM THE FIFTH NATIONAL
MENTAL HEALTH PLAN AND
THE FUTURE OF DIGITAL HEALTH
IN AUSTRALIA.**

Our vision for 2020:

We will see more than 200,000 people in Australia using our services each month. That's an extra one million people each year compared to now.



Reach an extra million people every year

There's no limit to the number of people ReachOut can help. Over the next three years, we're seeking support for new national reach and awareness campaigns that help young people deal with some of the biggest hurdles in their lives: bullying, stress, anxiety, alcohol and drugs.



Show how early intervention can create a generation of resilient Australians

For nearly two decades, we've been developing the evidence base for the role of digital self-help. ReachOut can be the leading voice for evidence-based early intervention. We will show Australia how helping with the 'small' stuff (such as everyday issues) can prevent the 'big' stuff: depression, anxiety and other mental illnesses.

Make digital self-help a core component of our mental health system

Digital self-help can massively boost the power of our mental health system. By 2020, we aim to partner with 25 per cent of primary health networks nationally, working to integrate digital self-help into Australia's mental health system so that more young people will access support.



'The wellbeing of young people is vital to helping them succeed in the future. EY is proud to support ReachOut's leadership and vision for helping the next generation of Australians.'

TONY JOHNSON,
CEO AND REGIONAL MANAGING PARTNER,
EY OCEANIA

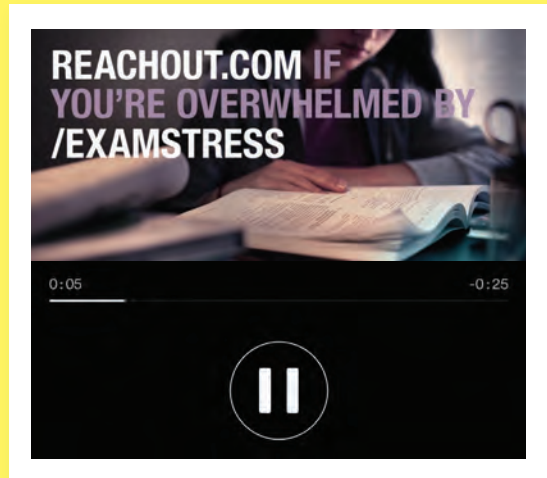
YOUNG PEOPLE: 'WITH REACHOUT, I FEEL BETTER THAN BEFORE'

Here are just a few of the ways we helped young people feel better than before with our exam stress campaign.

'I started my day early and got out and did hard exercise. Surfing's like full body movement and it tires your whole body out. It released all these endorphins so I'd feel quite happy doing work after then.'

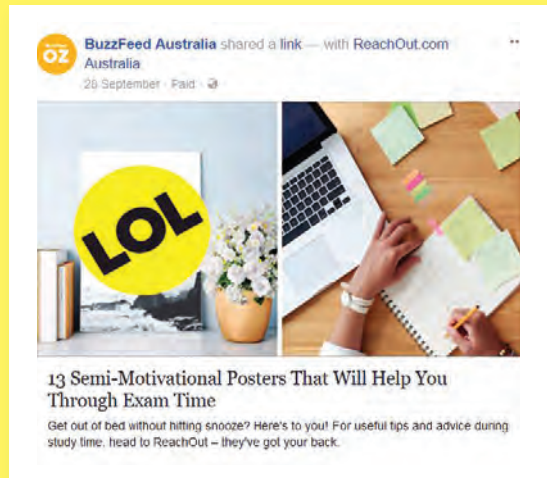
CHRISTOS

Reach:



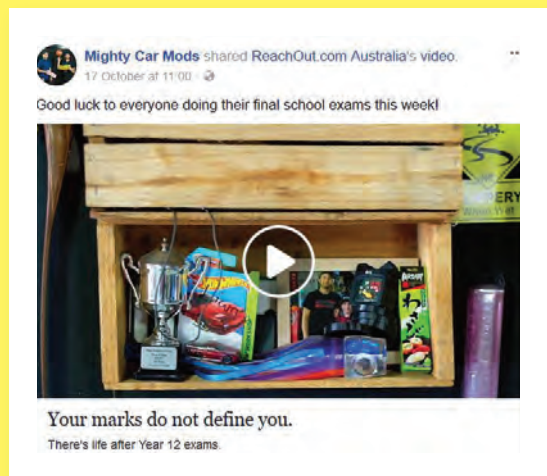
Spotify

We interrupted Spotify for an important message about exam stress.



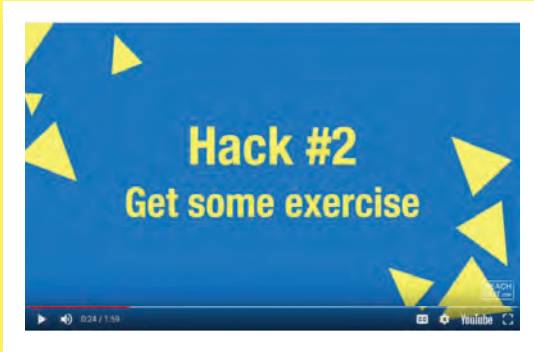
BuzzFeed

We published '13 semi-motivational posters that will help you through exam time' on BuzzFeed.



Ambassadors

Heaps of excellent celebs shared personal stories with their followers.



Study Hacks video series

Need study tips? Amy, Philip, Calypso and Christo serve up genius hacks to get your study habits in shape.

Seven tips to help young people and parents manage exam stress

For young people:

For parents and carers:

01

Stay organised with to-do lists and study timetables

Give them time off chores and non-urgent family stuff

02

Take regular study breaks

Encourage them to keep doing activities they did before the exams

03

Have a dedicated study space

Help them set up a study space, and make sure the rest of the family understands not to disturb them

04

Have a long-term goal

Chat with them about what they want to do after their exams finish

05

Get as much sleep as possible

Remind them to go to bed at a regular time each night

06

Remember your health: eat well and stay active

Go on study-break walks with them and try to provide wholesome meals

07

Talk to the people around you

Make time to chat to them and let them vent

Tips and tools

Our infographics are a popular way we break things down into simple tips and practical strategies.

Forum: Why are exams a thing?

'Why are exams a thing? I've been sitting here trying to draft an essay for class tomorrow. It's ended in tears.

Pretty sick of exams, teachers, students and really anything to do with school. Anyone else struggling with exams?'

TABS, REACHOUT FORUMS USER

'Hey @Tabs and welcome to ReachOut! 😊

Just the other day I tried to do an assignment that ended pretty much the same way, but now, I've done it! Sometimes, you just need the right conditions but you can do it! 😊

A trick I use with essays is to break it down into lots of different headings so instead of writing a whole essay, I'm writing small paragraphs 😊 Luckily for me, my exams aren't until November.

Unluckily for me though, is that there's three of them. 😊 I'm not really thinking about them at the moment, but I definitely understand the struggles that exams can be!

N1GHTW1NG, REACHOUT FORUMS MODERATOR

Forums

When we didn't have an answer at the ready in an article, our volunteer forum moderators provided personalised help.



A certain amount of stress in life is normal (and even helpful), but you shouldn't feel completely overwhelmed all the time. If you do, there are a number of reasons why you might be struggling to beat stress. Working out what they are is the first step towards getting things under control.

Articles

Articles on every aspect of exam stress gave young people their next step to nailing exams.

'Your psychologist isn't always there for you on a day-to-day basis. I always had real difficulty in identifying what was anxiety and what I should be concerned about.

ReachOut's articles on anxiety really stuck out as something I'd constantly be referring back to, to remind me what "good" thought processes are and what could be harming me. All the info around relaxation, sleeping well, drug and alcohol use provided me with a lot of resources in a private way that really helped.

ReachOut was a great resource. I could check in and read info that helped me to understand more about what was going on. Being able to access it from home also helped.

ReachOut sort of taught me to care for myself in a way I had never really thought about before. Before I had mental health issues, I never thought about the importance of having enough sleep, or doing regular exercise, or focusing on my wellbeing. Once I went through recovery and had hit rock bottom, I realised what I needed to do on a daily basis to make sure I didn't end up internalising everything.

As a ReachOut Youth Ambassador, I can use my story to help other people know that there's nothing to be ashamed of or embarrassed about.

It's possible to recover from mental health issues and to live a really great and fulfilled life.'

ASHLEIGH, 23, MELBOURNE

'At 19, in my first year of uni, I was super-stressed and not coping with severe anxiety. I wasn't aware of what anxiety was. I thought something was really wrong with me.'



BREAKING NEW GROUND TO HELP MORE PEOPLE

We can redefine what it means to provide the right help at the right time. By partnering with young people themselves in co-design processes, the new ReachOut better understands young people and helps them understand their own lives. But our work is never done: the changing landscape of digital technologies constantly drives us to improve our service and expand into communities to help them thrive.

‘Other sites are really medical-focused, but ReachOut is refreshing. ReachOut says: this is what it is, and this is what you can do to fix it.’

CARISSA, 21, SOUTH AUSTRALIA

In 2016–17:

The new ReachOut.com provides instant access to personalised support

The new ReachOut is the best ever. With 174 young people directly involved in co-design, usability and content research, it smashes through barriers to preventing access to services while providing timely, evidence-based support and guidance. Young people can choose simple strategies for making changes in their lives and feel the benefits immediately. ReachOut shows them that they aren't alone, and gives them an opportunity to get help from others like them. It's a crucial tool for young people who haven't been getting the help they need.

60 VIDEOS.

343 REVISED ARTICLES.

35 NEW ARTICLES.

48 PERSONAL STORIES.

70 PER CENT OF YOUNG PEOPLE RATE THEIR EXPERIENCE OF REACHOUT AS 'GOOD' OR 'VERY GOOD'.



Co-design and evaluation drives continuous improvement and greater impact

Two in three young people who visited ReachOut during a tough time said the site helped them to feel less alone and better able to deal with their problem. By involving young people in design and content development, and even in evaluating ReachOut, we're creating the most trusted, effective mental health service possible.

2 IN 3 YOUNG PEOPLE SAY REACHOUT MADE IT EASIER TO HELP THEMSELVES.

44 USER EXPERIENCE, IMMERSION AND CONTENT INTERVIEWS WITH PARENTS.

7 CO-DESIGN WORKSHOPS WITH 70+ YOUNG PEOPLE.

40 USER EXPERIENCE AND CONTENT INTERVIEWS WITH YOUNG PEOPLE.



Tens of thousands of parents connected with their teenagers

For many parents, knowing when to take action to help their teenager can be tough – but ReachOut Parents makes it easy to learn more online, which helps parents understand and connect with their teenager.

Our new digitally facilitated coaching service provides expert parenting advice from The Benevolent Society, and our forums connect parents with other parents who've been there, too.

167,000 PEOPLE REACHED.

FORUM COMMUNITY GREW FROM 200 TO 850 PARENTS.

49 VIDEOS.

149 ARTICLES.

But that's not all:

WE'RE BUILDING RESILIENCE IN YOUNG NETBALL FANS WITH SUNCORP AND NETBALL AUSTRALIA THROUGH #TEAMGIRLS.

127 VOLUNTEERS HELPED US GIVE MORE THAN 1200 PEOPLE THE SPACE TO CHILL OUT IN THE REACHOUT ROOM AT NINE GAMING CONVENTIONS.

Our vision for 2020:

We'll forge new ways of connecting with more young people and parents beyond our own spaces, and continuously develop our users' experience.



Continuous innovation that redefines what it means to get help

When ReachOut makes young people feel accepted and helps them understand what they're going through, they feel better than they did before. We'll challenge ourselves to launch four major product innovations each year to 2020 so that we continue to meet the expectations and needs of young people and their parents.



Reach young people and their families earlier, before they are in crisis

We have to be there more for young people, not only when they need help. We have to be there for them before they're in high distress. We're embedding ReachOut into spaces where young people and parents spend time, and using data to get help to people before they're in crisis.

ReachOut Schools is the foundation for resilient communities

We can create a generation of resilient Australians. Launched in 2017, the new ReachOut Schools is our first step towards providing schools and communities with the resources to engage young people and to empower them with the tools to be well. It's one part of our



plan to reach and help an extra 500,000 people through our partners such as schools and workplaces.

'ReachOut is like Google for young people because it covers all the issues.

It's so good to have apps to help.

I use ReachOut Breathe all the time.

As I get older, my anxiety changes and my needs change, so it's good to go

back and read about it.'

ERIN, 23, PERTH

PARENTS: 'WITH REACHOUT, I UNDERSTAND WHAT MY TEENAGER IS GOING THROUGH'

Our bullying campaign gave parents new ways to support their teenagers to develop resilience and manage tough relationships.

'One tip I like to give parents is to try and catch your teenager being good. By this, I mean doing simple things like saying "Thanks for stacking the dishwasher", or "It was really nice to share a family dinner with you last night." For a depressed or anxious teenager, pointing out these things will go a long way in assisting their self-esteem.'

CLARE ROWE, PSYCHOLOGIST

Reach:



Advocacy

In 2017, we triggered a new conversation about bullying, and about how parents could help.



Buses

We asked teenagers what they wanted their parents to know, then put it directly in front of parents on the backs of buses and through a range of other channels.



Panel talk

In partnership with the Audi Foundation, we challenged a panel including a Google rep, a ReachOut Youth Ambassador, a teacher and our CEO to pick apart what 'growing up digital' really means.

Forum: Helping your teenager with anxiety

'I am new to these forums but have started searching for like-minded parents of teenagers with mental health issues.

My son is 14 now but has had anxiety his whole life. It was never picked up on or diagnosed until the beginning of this year.

We have had zero luck with every medical professional we have seen... This is a long post and I am sorry for writing so much. I guess I had no questions really but just wanted to get it out.

Although I would love to hear from any other parents whose children also get stomach aches and nausea from anxiety?'

CAMEO, REACHOUT PARENTS FORUM USER

'Hi, @Cameo you are certainly doing all the right things and I agree the health system doesn't always have the answers.

It's very difficult as a parent to understand teenage behaviour especially when they aren't "the norm".

I have a son who is now 18 and has been suffering anxiety since the age of 15. He could not complete Year 10 and has not been back to school, and rarely leaves his room even now.

He spends his days on his computer and sleeping and seems fine with this routine... From what I understand my son may be getting everything he needs for now, as he feels safe and comfortable.

Caring for someone with mental health issues is tricky and frustrating at times, and listening to what they want and understanding their needs is really important. Keep up the good work!'

CHALKE5, REACHOUT PARENTS FORUM PEER SUPPORTER

'Wow, thanks so much everyone.

It is really good to offload all these thoughts to people who understand and don't judge.

I have felt such sadness reading people's stories for the pain they and their kids are going through but it's so great that they all have support and understanding.'

CAMEO

Forums

Parents from around Australia took to the ReachOut Parents Forums to get advice from others.



Family videos series

Thanks to Coca-Cola Foundation, we compared what parents and carers (and their teenagers) really think.



Parents coaching

With The Benevolent Society, we've created a way to give one-on-one coaching to parents remotely.

'ReachOut Parents, much like the very best of ideas, is so simple yet incredibly brilliant. Over 160,000 parents participating in its first year is evidence of both the need and the success. Thank you for affording us the opportunity to help parents on such a grand scale.'

THOMAS KEENAN, HEAD, AUDI FOUNDATION

ACCELERATING CHANGE TOGETHER

Our vision for 2020 is big. That's why we're committed to growing the community of volunteers, supporters and partners who make our work possible. Together, we can speak out for young Australians and invest in effective ways to provide them with help before they're in distress. We can't do this without you.

'I would've benefited if someone had sat me down and showed me how valuable resources like ReachOut can be. I would be a lot more emotionally stable, too. I know I'm not the only teenager to finish high school and wish someone had told me about the resources available to young people, so I would recommend it to any young person.'

ANONYMOUS SURVEY RESPONDENT,
18, QUEENSLAND

In 2016–17:

Young people and parents volunteered to help each other through ReachOut

We're grateful to the hundreds of young people and parents who spent time helping each other through ReachOut. Whether they're moderating the forums or raising awareness of ReachOut at events around the country, they're playing an important role in reaching an extra million people.

388+ VOLUNTEERS.

AROUND 300 TRAINED YOUNG PEOPLE AND PARENTS FACILITATED CONVERSATIONS ON THE REACHOUT FORUMS.



Our community surpassed previous fundraising records

Our community fundraisers are a pretty competitive bunch. This year they set a new benchmark, creating records for ReachOut in three categories. It's a huge step forward in our capacity to support young people. Thanks to the direct support of our community in evaluating ReachOut, we're creating the most trusted, effective mental health service possible.



We spoke out for LGBTQI young people and their families

Discrimination against young LGBTQI people leads to poor mental health outcomes and a higher risk of suicide, making our position in the same-sex marriage postal survey a no-brainer. Together with leading youth mental health organisations, we urged Australians to cast a 'yes' vote. The collaboration provided a powerful moment, where the potential to change thousands of young lives for the better influenced the national conversation. We won't hesitate to do it again.

7.1 MILLION PEOPLE REACHED THROUGH #MINDTHEFACTS MEDIA CAMPAIGN.

80 PEOPLE FROM REACHOUT AND EY MARCHED IN THE SYDNEY MARDI GRAS.

WE BROUGHT #MINDTHEFACTS TO FEDERAL PARLIAMENT.

But that's not all:

OUR CEO, JONO NICHOLAS, CELEBRATED 20 YEARS OF WORKING WITH REACHOUT.

Core to creating our vision is a strong, inspired community that advocates for better mental health outcomes and boosts the level of investment made in ReachOut.

Grow our investment to support our reach and service development

It's simple: to increase our reach and innovation, we have to boost our funding. In 2020, if we're to reach an extra million people, ReachOut will be running on \$12 million. We'll continue to make the most of this by leveraging our spending with in-kind, pro-bono and discounted rates – which we know can massively boost our reach.

Develop as an excellent place to work so that we can get even more work done

It's the passionate, clever people who work at ReachOut who are the foundation for our impact. (Yes, we're biased, but it's true.) We'll continue to foster a values-based, inclusive culture where we get stuff done and have fun while doing it. In our vision, that'll make us one of Australia's top five not-for-profit employers.

Create leaders and advocates for social change

To transform the mental health landscape and for us to reach an extra million people, the community as a whole must advocate for change. So we'll engage at least 1500 young people, parents and schools in program development and volunteering.



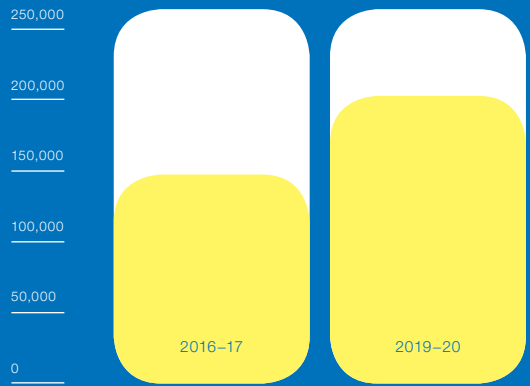
TOGETHER, WE CAN HELP AN EXTRA ONE MILLION PEOPLE

We're asking for your help. We plan to invest in reach, engagement and research so that, through ReachOut, an extra million people have the tools to be well and the power to be happy.

It's thanks to the ongoing support of our funders and many generous donors, and with the oversight of our Audit, Finance and Risk Committee, that we're able to report this strong financial result after a year when we did more than we ever have to help young people with their mental health.

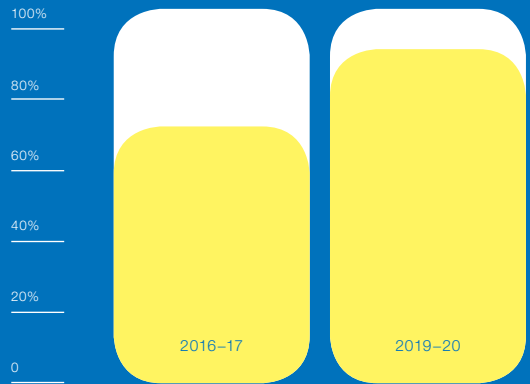
This financial data is extracted from our 2016–17 Annual Financial Report, which is available in full at ReachOut.com/about.

By 2020, we can:



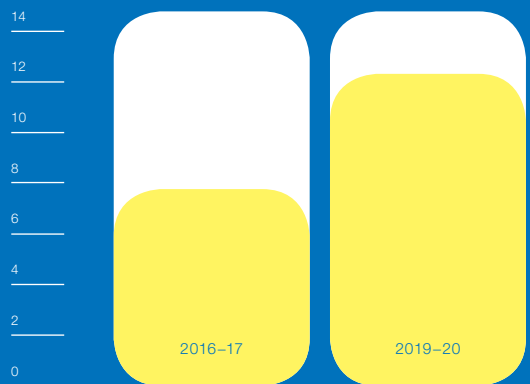
Support more people every month

■ People supported per month



Improve user experience

■ 'Good' or 'very good' experience
 ■ Other



Increase annual funding to \$12m

■ Income p.a. (millions)

Statement of Income and Expenditure

For the year ended 30 September 2017

30 Sept 2017 30 Sept 2016
\$ \$

Income

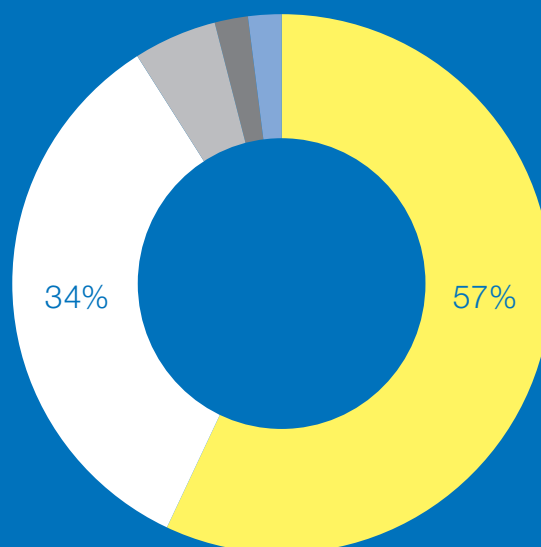
Government grants	4,217,219	5,375,335
Donations	2,537,212	998,013
Non-government grants	356,161	1,141,691
Interest income	153,843	166,925
Consultancy and other income	150,064	81,526
TOTAL INCOME	7,414,499	7,763,490

Expenditure

Employees	3,473,506	3,383,877
Design and delivery of services	1,605,523	2,305,076
Marketing and fundraising	1,503,753	1,193,384
Occupancy	279,016	225,004
Administration	138,669	270,425
Travel	135,774	158,674
Depreciation	135,521	91,078
TOTAL EXPENDITURE	7,271,761	7,627,517

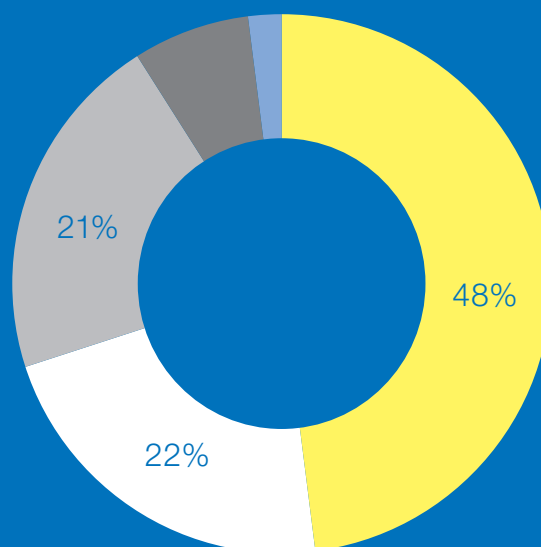
Other comprehensive income

Net gain/(loss) on revaluation of financial assets	22,453	18,964
SURPLUS	165,191	154,937



Income

- Government grants (57%)
- Donations (34%)
- Non-government grants (5%)
- Interest (2%)
- Consultancy and other income (2%)



Expenditure

- Employees (48%)
- Design and delivery of services (22%)
- Marketing and fundraising (21%)
- Other: travel, occupancy and depreciation (7%)
- Administration (2%)

GIVE YOURSELF 1.59 MILLION PATS ON THE BACK

For every person we support, you can give yourself a pat on the back. That's literally a couple of million people every year: young people who now understand what they're going through and what to do next; parents who now feel hopeful and reassured; and schools that are driving social change to develop resilient communities. That's all thanks to you, your family, your company, or your fundraising event.

'Suncorp have partnered with ReachOut on the #TeamGirls initiative, a national program aiming to build the confidence and self-esteem of young girls through sport participation. With a shared vision of encouraging positive action, creating supportive networks and promoting personal wellbeing, we are committed to working together to highlight the value of sport participation and the health, social, moral and emotional benefits it provides to young girls.'

SUNCORP

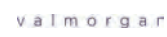
Government partners

We'd like to acknowledge our Government Partners, the Australian Government Department of Health and the Department of Social Services, for their funding and support for our work.

Platinum partners



Diamond partners



Gold partners



Silver partners



Bronze partners

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Partners acknowledged on this page made contributions between 1 October 2016 and 31 September 2017.

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ReachOut is Australia's leading online mental health organisation for young people and their parents. Our practical support, tools and tips help young people get through anything from everyday issues to tough times – and the information we offer parents and schools makes it easier for them to help their teenagers and students, too.